

# Columbus Preschool 4K Monthly



February 2011

## What Are We Doing This Month?

This month we will be focusing on “ourselves”, beginning with taking care of our bodies. We will talk about healthy foods, exercise and taking care of our teeth. February is dental health month, and we will have a visit from Caleb’s mom who works in a dental office. The second week we will talk about our “feelings” with a focus on friendships and Valentine’s Day. The end of the month we will have a unit on Community Helper’s. We will focus on the jobs that people do around us.

## Concepts we are learning...

We will learn our Upper Case Letters, C, G, B, D, E, F, H, and I. We will learn how to write them, when we use “upper case” letters, and the sounds they make.

We will learn the different ways to measuring things using rulers, measuring tapes, measuring cups, and scales. We will learn the concepts of length, volume and weight.

We will continue to learn rhyming words and sounds.

We will be focusing on independence at school (ie: putting on coats, backpacks etc..)

## Reminders...

February 10<sup>th</sup>-4K Valentine’s dance CES 6-7pm  
 February 21st-**NO SCHOOL**  
 Portfolio’s will be sent home this month. Please return them by the end of the month.

## Snack Schedule

monday	tuesday	wednesday	thursday	friday
	<b>1</b> Emily	<b>2</b> Eldon	<b>3</b> Hannah Ba	<b>4</b>
<b>7</b> Hannah Bi	<b>8</b> Isabel	<b>9</b> Gretta	<b>10</b> Alexis	<b>11</b>
<b>14</b> Ethan	<b>15</b> Marissa	<b>16</b> Carley	<b>17</b> Cole	<b>18</b>
<b>21</b> No School	<b>22</b> Nolan	<b>23</b> Patrick	<b>24</b> Addison	<b>25</b>
<b>28</b> Brady				

## Songs, Poems, and Fingerplays...

### Caring For Me

I take care of me  
 I take care of me.  
 I am getting older now, so  
 I take care of me.

Other verses: I Can wash my hands...  
 I Can brush my teeth  
 I Can Choose a snack...

\*make your own verses!

## Happy Birthday to...

Ethan 2/1  
 Gretta 2/13

